



Gilgandra Public School

Honesty & Courtesy



Safe, Respectful, Learners

Principal
Patricia Howard

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12 June 2019

Dear Parents/Caregivers

Over the next few weeks and into Term 3, our School Chaplain Ayumi Tamsett will be organising a program to assist students to regulate a variety of emotions including anger and frustration. The program consists of six weekly one- hour sessions which will be held on Fridays following our school assembly and will include such topics as recognising what makes them angry and healthy ways of expressing these feelings.

Mrs Tamsett will be assisted by either Mrs Hazelton or Mrs Howard.

We feel that your child _____ would benefit from participating in the program. We would appreciate it if you could complete the permission slip below and return to school before Friday 14 June. Please feel free to contact the school on 69472043 if you have any further questions.

Yours Sincerely

Patricia Howard

Principal

I _____ give my son/daughter _____

permission to attend the program being conducted by Mrs Tamsett and supported by Mrs Hazelton and Mrs Howard.

Signature: _____