Gilgandra Public School
Honesty & Courtesy
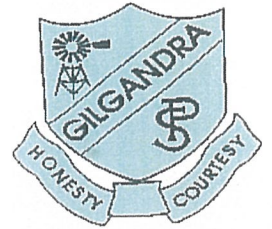
Safe, Respectful, Learners

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Personal Development, Health and Physical Education

Dear Parents/Caregivers

Personal Development, Health and Physical Education (PD/H/PE) is one of the six Key Learning Areas of the NSW Primary Curriculum.

Gilgandra Public School's PD/H/PE program covers a wide range of educational matter, including, Human Sexuality and Child Protection. Some of the content of the program deals with sensitive issues. The school recognises this by teaching about these issues within the context of an age appropriate program and by providing information to you about the program.

The PD/H/PE program aims to encourage students to make informed decisions about their lifestyle taking into account the values of the family, culture and religion to which they belong. The school program will be implemented in a manner that supports the role of parents/carers, and reflects the ethos of the school community.

Child Protection Education aims to assist students to develop skills to:

- recognise and respond to unsafe situations
- seek assistance effectively
- establish and maintain non-coercive relationships and strengthen attitudes and values related to equity, respect and responsibility.

Through Child Protection Education students learn:

- about feeling safe and their right to be safe
- to recognise appropriate touching and inappropriate touching
- that appropriate touching is an important part of positive relationships
- that they have a right to say NO to a person who touches them inappropriately or threatens their safety
- that it is important to tell trusted adults about such situations
- that they may have to keep on telling people until they are believed
- that help is available to them within their communities.

Please contact the school on 68472043 if you have any concerns regarding the program.

Patricia Howard
Principal