



Gilgandra Public School

Honesty & Courtesy



Safe, Respectful, Learners

Principal
Patricia Howard

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23 July 2021

Dubbo District PSSA Athletics Carnival 2021

Your child has been selected to represent Gilgandra Public School at the DDPSSA Athletics Carnival.

When: Friday 6 August 2021

Venue: Barden Park, Dubbo

Time: See attached program.

Travel: Students are responsible for their own travel to and from the carnival. A list of students selected to attend is attached to assist you with travel arrangements.

Team manger Zoe Howard will meet parents outside the fence at drop off and pick up times as due to Covid –19 Restrictions no parents will be allowed inside Barden Park. Parents may watch the event outside the Barden Park fence line.

A list of PSSA merchandise that is available on the day is attached if parents wish to purchase for their child.

Yours Sincerely

Patricia Howard
Principal

Dubbo District Athletics Qualifiers

2021

Joseph Lamb

Brent Cook

Blake Hutchison

Khyran O'Neil

Jaxson Dixon

Cody Young

Ezekiel Peckham

Jaxson Young

Jayman Priddis

Glynn McIlwain

Dallas Carr

Jhamhal Milgate

Brock McKenzie

Xavier Wieland

Logan Howard

Conrad Denniss

Solomon Witchard-Spencer

Kheelin Brown

Abigail Howard

Savannah Bush

Jocelyn Altmann

Kaliyah Priddis

Acacia Fleck

Breanna Glenn

Aylah Barnes

Skyla Carr

Mackenah Wieland

Shekkylah Milgate

Talei Witchard-Spencer

Chloe Eason

Tealea Ward

Aleah Glenn

Adayna Aro

Pippa Rogers

Cardi Howard

Dubbo District P.S.S.A.

Merchandise Order



Date: _____

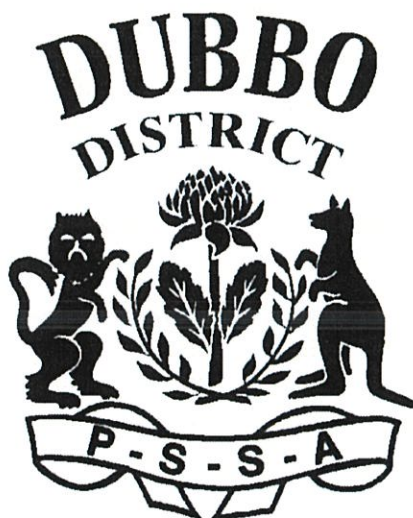
Student name: _____ School: _____

Parent/Caregiver name: _____ Mobile: _____

Item		Quantity	Item price	Total Price
Drink Bottle			\$10	
Ankle socks (size 2-8)			\$15	
Ankle socks (size 7-11)			\$15	
Bucket hat			\$15	
Towel			\$40	
TOTAL				

Please bring completed order form and correct money.

DUBBO DISTRICT PRIMARY SCHOOLS' SPORTS ASSOCIATION



**BARDEN PARK
DUBBO
6th August 2021**

**Jemma Wallace
DDPSSA President**

**Shelley Darcy
Carnival Convener**

Dubbo District PSSA Executive

President	Jemma Wallace	Dubbo North
Vice President	James DeLyall	MAGS
	Greg Cant	St Pius X
Principals Rep	Toby Morgan	Dubbo North
Secretary	Jemma Hall	Orana Heights
Treasurer	Rebecca Letfallah	Dubbo North
Athletic Managers To Western	Tania Pilon	Buninyong Public
	Rebecca Letfallah	Dubbo North
Athletics Managers to State	Shelley Darcy	Eumungerie
	Toby Morgan	Dubbo North
	Michelle Eather	Wellington

2021 CARNIVAL OFFICIALS

Carnival Manager	Shelley Darcy (EPS) + Relay C2 Kate Lyons
Announcer	Anne van Dartel (BPS)
COVID MARSHALL at gate	Brent Eather (DPS)
Track Manager	Michelle Eather (WPS) + Relay C3
Marshalls	Jemma Hall (OHPS) / Gaylene Barker (OHPS) Bec Letfallah (DNPS)
Track Official	Kristal Norwood (MCS) + 2 Students (Sth Campus)
Starter	Jacob Sandry (OHPS)
Chief Judge	Toby Morgan (DNPS) + 1 Student (Sth Campus)
Chief Timekeeper	Neva Pengilly (DSPS)
Finish Line Officials	Sharon Murray (DSPS) Mel Wells (OHPS) Isobel Couley (DNPS)
Recorders	1. Kate Boland (WPS) meet manager 2. Colleen Clayton (STPS) meet manager, Ribbons, point score 3. Gai Williams (EPS)
Field Manager	Jemma Wallace (DNPS) + Relay C1
Field Marshall	1. Amber Tooth (BPS) 2. Nathan Riley (DSPS)
Field Official	1. Melissa Lockyer (DWPS) + 2 Students (Sth Campus) 2. Zoe Martin (DPS)
High Jump	1. Debbie Willimas (DNPS) + 2 Students (Sth Campus) 2. Renae Giddings (DSPS)
Long Jump	1. Mick Darcy (BPS) + 1 Students (Sth Campus) 2. Adam Smithers (GPS) 3. Hayden Wood (DPS)
Shot Put	1. Hayden Williams (OHPS) + 2 Students (Sth Campus) 2. Nick Ptolemy (MCS)
Discus 1: 1. Tracy Petrovic (WPS) + 2 Students 2. Patricia Howard (GPS) 3. Kylie Bennett (DCS)	Discus 2: 1. Jody Hall (WPS) + 2 Students (Sth Campus) 2. Zoe Young (DPS) 3. Jackson Skene (DWPS)
Disputes	Michelle Eather / Shelley Darcy / Jemma Wallace

PRESIDENTS WELCOME

Welcome to the 2021 Dubbo District PSSA Athletics Carnival.

A big congratulations to competitors here today. Making it to the Dubbo District carnival is something that you all should be proud of no matter what the outcome of today. I wish all competitors today the very best. To all competitors who go beyond today's competition we wish you luck at the Western carnival representing Dubbo District.

Thank you also to the school sports coordinators who efficiently organise their own school athletics carnivals that lead up to this event. I'd also like thank school staff who have given up their own time to ensure that this carnival runs smoothly. Our association is fortunate to have a large number of staff willing to become involved to ensure our best sporting talent is given every opportunity to excel at all sporting levels.

Thanks to our convener Shelley Darcy her organisation of this event and her commitment and dedication to ensuring our DDPSSA Athletics Carnival is run efficiently and to a high quality standard.

Enjoy the day and I look forward to your continued support throughout the year at all DDPSSA sporting events.

Jemma Wallace
President

CARNIVAL DATES

Western Area SSA
Friday 3rd September 2021

NSW PSSA
20th and 21st October 2021

CHAMPION SCHOOL
Orana Heights PS- 2019
Highest Aggregate Point Score

HANDICAP TROPHY
Mendooran CS- 2019
Aggregate Points + School H/Cap
based on numbers.

COMPETING SCHOOLS

1. Buninyong Public
3. Dubbo South Public
5. Dubbo West Public
7. Gilgandra Public
9. Dunedoo Central
11. Mendooran Central

2. Orana Heights
 4. Dubbo North Public
 6. Dubbo Public
 8. Wellington Public
 10. Dubbo /Wellington
- Small Schools
Ballimore, Eumungerie, Tooraweenah,
Wongarbon, DSOE. Geurie, Stuart Town,
Mumbil

CARNIVAL INFORMATION

1500 m	7.45 am
Warm Up	8.30 am
Officials Meet	8.30 am
First Marshalling	8.50 am
First Field Event	9.00 am
First Track Event	9.20 am

District Selection: A district committee will select the team to represent the Dubbo District PSSA at the Western Area Trials to be held on Friday 3rd September 2021. Children will be notified through their school sportsperson.

Please note: that the first 3 place getters for each event may progress to the Western Area Trials. Field events may be subject to meeting qualifying standards.

Lunches: Lunches, morning tea, drinks and refreshments may be obtained from the DDPSSA canteen managed by Orana Heights Public School. Many thanks to Orana Heights Public School for leading the DDPSSA canteen in 2021.

RULES OF THE CARNIVAL

- Marshalling:** There will be only be two (2) marshalling calls. Competitors must report immediately to the marshalling area upon the first call.
If participating in another event when called, it is the team manager's responsibility to send a message notifying the Marshall where the competitor is competing.
- Ages:** Senior Competitors are those born 2008, 2009
11yrs Competitors are those born 2010
Junior Competitors are those born 2011, 2012, 2013
- Spikes:** 4 and 7 mm synthetic spikes are only allowed in Track events in which a competitor is allocated an individual lane. **Spikes are not allowed in 800m or 1500m.** Spikes must be carried to the marshalling area and may be put on when competitors are allocated a lane. Spikes must be removed immediately after racing and before moving back to the spectator area.
Spikes may be used in High Jump and Long Jump.
No needle spikes are allowed.
- Program:** The Carnival Manager reserves the right to vary the carnival program at any time. She may also vary the rules if she feels this may be necessary. All children are expected to attend the whole day in case of program changes.
- Decisions:** Judges' decision will be **FINAL**.
- Protests:** No protest shall be considered unless a written protest is lodged with the Carnival Manager by a team manager within 15 minutes of the conclusion of the event. Protests shall be dealt with by the Disputes Committee.
- Disputes Committee:** Rules in accordance with IAAF Rules except where stated.
The committee shall be the sole arbiter in points of law.
- Selection of Finalists:** **ALL HEATS ARE SEEDED**
100m, 200m and Relay: The fastest 8 times across all heats qualify for the final except in the case of an 8th place tie, whereby 7 competitors will progress through.
800m and 1500m are timed finals.
- Relays:** Teams shall consist of four runners and a baton change must take place within the allocated 30 metre zone. One check marker may be used per runner. No holes or marks engraved in the track surface.
- | | | |
|----------|---------------------|---------------------|
| 4 x 100m | Junior Boys | 8,9,10 yrs |
| | Junior Girls | 8,9,10 yrs |
| | Senior Boys | 11,12,13 yrs |
| | Senior Girls | 11,12,13 yrs |
- Disqualification:**
1. Any runner who does not remain in allotted lane or impedes another competitor.
 2. The baton is not changed within the changeover zone.
 3. Substitute runners from another school.
 4. Incorrect procedure for dropped batons.
- Assistance to Athletes:** 'Assistance' means pacing or coaching in events by persons not participating in the event. **PENALTY-** debarred from further participation in the carnival.

COMPETITORS MUST WEAR FOOTWEAR

ORDER OF EVENTS

1500m races for Juniors, 11 yrs and Seniors Girls and Boys to begin at 7.45 am

9.20am – First Track Event

1. 200m Junior Girls (H)
2. 200m 11yrs Girls (H)
3. 200m Senior Girls (H)
4. Heats Jun Girls Relay
5. Heats Sen Girls Relay
6. 800m Junior Girls (F)
7. 800m 11yrs Girls (F)
8. 800m Senior Girls (F)
9. 100m 8yrs Girls (H)
10. 100m 9yrs Girls (H)
11. 100m 10yrs Girls (H)
12. 100m 11yrs Girls (H)
13. 100m 12yrs Girls (H)
14. 100m 13yrs Girls (F)

8.50 – First Field Event

1. 12/13yrs Boys Shot Put(3.0kg)
2. 11yrs Boys Long Jump
3. Junior Boys High Jump
4. Junior Boys Discus(500g)
5. 11yrs Boys Shot Put(2.0kg)
6. Junior Boys Long Jump
7. 12/13 yrs Boys High Jump
8. 12/13 yrs Boys Discus (750g)
9. Junior Boys Shot Put (2.0kg)
10. 12/13yrs Long Jump
11. 11yrs Boys High Jump
12. 11yrs Boys Discus (750g)

Approximately 11.00am

15. 200m Junior Boys (H)
16. 200m 11yrs Boys (H)
17. 200m Senior Boys (H)
18. Heats Jun Boys Relay
19. Heats Sen Boys Relay
20. 800m Junior Boys (F)
21. 800m 11yrs Boys (F)
22. 800m Senior Boys (F)
23. 100m 8yrs Boys (H)
24. 100m 9yrs Boys (H)
25. 100m 10yrs Boys (H)
26. 100m 11yrs Boys (H)
27. 100m 12yrs Boys (H)
28. 100m 13yrs Boys (F)

13. 12/13yrs Girls Shot Put (3.0kg)
14. 11yrs Girls Long Jump
15. Junior Girls High Jump
16. Junior Girls Discus (500g)
17. 11yrs Girls Shot Put (2.0kg)
18. Junior Girls Long Jump
19. 12/13yrs Girls High Jump
20. 12/13yrs Girls Discus (750g)
21. Junior Girls Shot Put (2.00kg)
22. 12/13yrs Girls Long Jump
23. 11yrs Girls High Jump
24. 11yrs Girls Discus (750g)

AFTERNOON EVENTS – FINALS

1. 200m Junior Girls
2. 200m Junior Boys
3. 200m 11yrs Girls
4. 200m 11yrs Boys
5. 200m Senior Girls
6. 200m Senior Boys
7. 100m13 yrs Girls
8. 100m 13 yrs Boys
9. 100m 8yrs Girls
- 10 100m 8yrs Boys
11. 100m 9yrs Girls
12. 100m 9yrs Boys
13. 100m 10yrs Girls

14. 100m 10yrs Boys
15. 100m 11yrs Girls
16. 100m 11yrs Boys
17. 100m 12yrs Girls
18. 100m 12yrs Boys
19. 4 x 100m Junior Girls Relay
20. 4 x 100m Junior Boys Relay
21. 4 x 100m Senior Girls Relay
22. 4 x 100m Senior Boys Relay

COMPETITORS' INFORMATION

TRACK / FIELD

SPIKES: 4 and 7 mm synthetic spiked shoes are permitted **except** in running events where specific lanes are not allotted (i.e. 800m). Spiked shoes are to be carried to and from events.

STARTING BLOCKS Starting Blocks are permitted **except** in running events where specific lanes are not allotted (i.e. 800m). Blocks are not to be pegged down.

STARTING ORDERS Competitors must stand behind the mark until called to move up by the starter. Hands must be behind the mark. The orders given by the starter shall be:

- On Your Marks
- Set
- Gun

The 800m and 1500m start will be Take your Marks - then the gun

FALSE STARTS

Any competitor making a false start shall be warned. Only one false start shall be awarded without disqualification of the athlete(s) making the false start. Any athlete(s) making further false starts in the race shall be disqualified from the race. Please note that no warnings are given at higher levels.

HIGH JUMP Each competitor will have 3 attempts at each height
The bar will be set at the following starting heights:

Junior Girls – 1.00m

Junior Boys – 1.05m

11yrs Girls – 1.05m

11yrs Boys – 1.10m

Senior Girls – 1.10m

Senior Boys – 1.20m

First rise shall be 5cm, then 5cm, and continue with rises at the discretion of the Official in Charge.

LONG JUMP All first jumps will be measured. The standard will then be set at 6th place distance for the remaining jumps. Jumps further than the set standard only will be measured. Each competitor shall have three jumps.

DISCUS/ SHOT PUT All first throws will be measured. The standard will then be set at 6th place distance for the remaining throws. Throws further than the set standard only will be measured. Each competitor shall have three throws.



DUBBO DISTRICT PRIMARY SCHOOL SPORT ASSOCIATION ATHLETIC RECORDS AS AT AUGUST 2019

EVENTS	Name	School	Time/Dist	Year	Name	School	Time/Dist	Year
		BOYS				GIRLS		
8yrs 100m C'ship	Luke Redding	Dunedoo CS	16.18	2016	Sophie McAneney	Dubbo PS	15.50	2017
9yrs 100m C'ship	Tyreese Ewers	Dubbo West PS	14.55	2015	Sophie McAneney	Dubbo PS	15.53	2018
10yrs 100m C'ship	Max McAneney	Dubbo PS	14.73	2017	Millie Sutcliffe	Dubbo South PS	15.19	2018
11yrs 100m C'ship	Max McAneney	Dubbo PS	14.40	2018	Georgia Cudmore	Dubbo South PS	15.03	2016
12yrs 100m C'ship	Ashdyn Smith	Gilgandra PS	13.99	2016	Kimmy Trappett	Dubbo South PS	14.79	2016
13yrs 100m C'ship	Logan Windsor	Orana Heights PS	15.06	2016	Laura Moorhouse	Dunedoo CS	17.47	2016
Junior 200m C'ship	Jakob Petterson	Buninyong PS	30.52	2017	Millie Sutcliffe	Dubbo South PS	31.43	2018
11yrs 200m C'ship	Max McAneney	Dubbo PS	29.59	2018	Emily Fardell	Buninyong PS	30.71	2016
Senior 200m C'ship	Ashdyn Smith	Gilgandra PS	29.13	2016	Emily Fardell	Buninyong PS	29.94	2017
Junior 800m C'ship	Max McAneney	Dubbo PS	2:49.31	2017	Georgia Cudmore	Dubbo South PS	3:02.73	2015
11yrs 800m C'ship	R. Bassingthwaite	Dubbo PS	2:46.12	2018	Georgie Cudmore	Dubbo South PS	2:53.47	2016
Senior 800m C'ship	Patrick Gibson	Orana Heights PS	2:40.26	2015	Katie Tink	Dubbo South PS	2:56.73	2015
Junior 1500m C'ship	Kobi Auld	Dubbo South PS	5:28.99	2019	Marli Pay	Orana Heights PS	6:32.82	2019
11yrs 1500m C'ship	Samuel Davies	Orana Heights PS	5:44.83	2019	Sarah Chandler	Gilgandra PS	5:48.80	2019
Senior 1500m C'ship	Max McAneney	Dubbo PS	5:40.66	2019	Kate Bartlett	Distance Education	6:10.01	2019
Junior Relay 4x100m	Orana Heights PS		1:03.43	2015	Orana Heights PS		1:05.31	2018
Senior Relay 4x100m	Dubbo South PS		57.00	2015	Orana Heights PS		1:00.60	2017
Junior Long Jump	Luke Redding	Dunedoo CS	4.05m	2018	Millie Sutcliffe	Dubbo South PS	4.27m	2018
11yrs Long Jump	Max McAneney	Dubbo PS	4.36m	2018	Millie Sutcliffe	Dubbo South PS	4.09m	2019
Senior Long Jump	Max McAneney	Orana Heights PS	4.51m	2019	Shanique Darlington	Orana Heights PS	4.09m	2017
Junior High Jump	Dwight Harvey	Buninyong PS	1.27m	2019	Xanthie Chatfield	Orana Heights PS	1.24m	2017
11yrs High Jump	R. Bassingthwaite	Dubbo PS	1.35m	2018	Millie Sutcliffe	Dubbo South PS	1.47m	2019
Senior High Jump	Connor Miller	PS Orana Heights	1.44m	2017	Georgia Cudmore	Dubbo South PS	1.34m	2017
Junior Shotput (2kg)	Jakob Petterson	Buninyong PS	8.43m	2017	Xanthie Chatfield	Orana Heights PS	9.16m	2017
11yrs Shotput (2kg)	Benray Ludick	Dubbo South PS	11.40m	2018	Xanthie Chatfield	Orana Heights PS	11.60m	2018
Senior Shotput (3kg)	Braith Carroll	Orana Heights PS	8.43m	2017	Xanthie Chatfield	Orana Heights PS	10.24m	2019
Junior Discus (500g)	Lewys Lozinski	Dubbo PS	23.91m	2018	Xanthie Chatfield	Orana Heights PS	29.85m	2017
11yrs Discus (750g)	Benray Ludick	Dubbo South PS	27.24m	2018	Xanthie Chatfield	Orana Heights PS	28.16m	2018
Senior Discus (750g)	Benray Ludick	Dubbo South PS	31.32m	2019	Xanthie Chatfield	Orana Heights PS	35.02m	2019