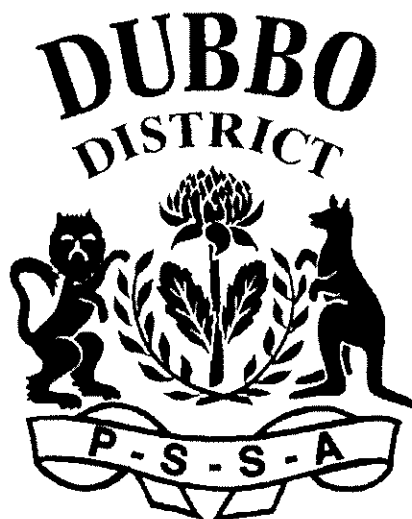


**DUBBO DISTRICT PRIMARY  
SCHOOLS' SPORTS ASSOCIATION**



**BARDEN PARK  
DUBBO  
2<sup>nd</sup> September 2022**

**Shelley Darcy  
DDPSSA President**

**Shelley Darcy  
Carnival Convener**

## Dubbo District PSSA Executive

<b>President</b>	Shelley Darcy	Geurie
<b>Vice Presidents</b>	James DeLlyall	MAGS
	Greg Cant	St Pius X
<b>Principals Rep</b>	Toby Morgan	Dubbo North
<b>Secretary</b>	Jemma Hall	Orana Heights
<b>Treasurer</b>	Rebecca Letfallah	Dubbo North
<b>Athletic Managers to Western</b>	Tania Pilon	Buninyong Public
	Rebecca Letfallah	Dubbo North
<b>Athletics Managers to State</b>	Shelley Darcy	Geurie
	Toby Morgan	Dubbo North
	Michelle Eather	Wellington

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## 2022 CARNIVAL OFFICIALS

<b>Carnival Manager</b>	Shelley Darcy (GPS) + Relay C2 Kate Lyons
<b>Announcer</b>	Susan Mestrom (OHPS)
<b>Track Manager</b>	Michelle Eather (WPS) + Relay C3
<b>Marshalls</b>	Jemma Hall (OHPS) / Bec Letfallah (DNPS)
<b>Track Official</b>	Kristal Norwood (MCS) + 2 Students (Sth Campus)
<b>Starter</b>	Jacob Sandry (OHPS)
<b>Chief Judge</b>	Anne van Dartel (BPS) + 1 Student (Sth Campus)
<b>Chief Timekeeper</b>	Neva Pengilly (DSPS)
<b>Finish Line Officials</b>	Jody Hall (WPS) Brent Eather (DPS) Toby Morgan (DNPS)
<b>Recorders</b>	1. Colleen Clayton (STPS) meet manager 2. Kate Boland (WPS) meet manager 3. Gai Williams (EPS) Ribbons, point score
<b>Field Manager</b>	Jemma Wallace (DNPS) + Relay C1
<b>Field Marshall</b>	1. Paul Loxley (DSPS) 2. Tash Fistr (DSPS)
<b>Field Official</b>	1. Melissa Lockyer (DWPS) + 2 Students (Sth Campus) 2. Kathryn Fraser (DPS)
<b>High Jump</b>	1. Debbie Willimas (DNPS) + 2 Students (Sth Campus) 2. Hayden Williams (OHPS)
<b>Long Jump</b>	1. Mick Darcy (BPS) + 1 Students (Sth Campus) 2. Luke Lewin (DPS) 3. Hayden Wood (DPS)
<b>Shot Put</b>	1. Jasia Sluiter (OHPS) + 2 Students (Sth Campus) 2. Emma Champion (MCS)
<b>Discus 1:</b>	1. Tracy Petrovic (WPS) + 2 Students 2. Nola Power (DCS) 3. Karlee Davis (DCS)
<b>Discus 2:</b>	1. Col Hare (WPS) + 2 Students (Sth Campus) 2. Adam Smithers (GPS) 3. Tony Ounpraseuth (DWPS)

**Disputes** Michelle Eather / Shelley Darcy / Jemma Wallace

# PRESIDENTS WELCOME

Welcome to the 2022 Dubbo District PSSA Athletics Carnival.

A big congratulations to competitors here today. Making it to the Dubbo District carnival is something that you all should be proud of no matter what the outcome of today. I wish all competitors the very best. To all competitors who go beyond today's competition we wish you luck at the Western carnival representing Dubbo District.

Thank you also to the school sports coordinators who efficiently organise their own school athletics carnivals that lead up to this event. I would also like thank school staff who have given up their own time to ensure that this carnival runs smoothly. Our association is fortunate to have a large number of staff willing to become involved to ensure our best sporting talent is given every opportunity to excel at all sporting levels.

Thanks to everyone for making the organisation of this event run efficiently and to a high-quality standard.

Enjoy the day and I look forward to your continued support throughout the year at all DDPSSA sporting events.

Shelley Darcy  
President

## CARNIVAL DATES

Western Area SSA  
Friday 16<sup>th</sup> September 2022

NSW PSSA  
18<sup>th</sup> - 20<sup>th</sup> October 2022

**CHAMPION SCHOOL**  
Orana Heights PS- 2021  
Highest Aggregate Point Score

**HANDICAP TROPHY**  
Buninyong PS- 2021  
Aggregate Points + School H/Cap  
based on numbers.

# COMPETING SCHOOLS

1. Buninyong Public
3. Dubbo South Public
5. Dubbo West Public
7. Gilgandra Public
9. Dunedoo Central
11. Mendooran Central

2. Orana Heights
4. Dubbo North Public
6. Dubbo Public
8. Wellington Public
10. Dubbo /Wellington  
Small Schools  
Ballimore, Eumungerie, Tooraweenah,  
Wongarbon, DSOE. Geurie, Stuart Town,  
Mumbil

## CARNIVAL INFORMATION

1500 m	7.45 am
Warm Up	8.30 am
Officials Meet	8.30 am
First Marshalling	8.50 am
First Field Event	9.00 am
First Track Event	9.20 am

**District Selection:** A district committee will select the team to represent the Dubbo District PSSA at the Western Area Trials to be held on Friday 16<sup>th</sup> September 2022. Children will be notified through their school sportsperson.

**Please note** that the first 3 place getters for each event may progress to the Western Area Trials. Field events may be subject to meeting qualifying standards.

**Lunches:** Lunches, morning tea, drinks and refreshments may be obtained from the DDPSSA canteen managed by Dubbo South Public School. Many thanks to Dubbo South Public School for leading the PSSA canteen 2022.

# RULES OF THE CARNIVAL

**Marshalling:** There will only be two (2) marshalling calls. Competitors must report immediately to the marshalling area upon the first call.  
If participating in another event when called, it is the team manager's responsibility to send a message notifying the Marshall where the competitor is competing.

**Ages:** Senior Competitors are those born 2009, 2010  
11yrs Competitors are those born 2011  
Junior Competitors are those born 2012, 2013, 2014

**Spikes:** 4mm and 7mm synthetic spikes are only allowed in Track events in which a competitor is allocated an individual lane. **Spikes are not allowed in 800m or 1500m.** Spikes must be carried to the marshalling area and may be put on when competitors are allocated a lane. Spikes must be removed immediately after racing and before moving back to the spectator area.  
Spikes may be used in High Jump and Long Jump.  
**No needle spikes are allowed.**

**Program:** The Carnival Manager reserves the right to vary the carnival program at any time. She may also vary the rules if she feels this may be necessary. All children are expected to attend the whole day in case of program changes.

**Decisions:** Judges' decision will be **FINAL**.

**Protests:** No protest shall be considered unless a written protest is lodged with the Carnival Manager by a team manager within 15 minutes of the conclusion of the event. Protests shall be dealt with by the Disputes Committee.

**Disputes Committee:** Rules in accordance with IAAF Rules except where stated.  
The committee shall be the sole arbiter in points of law.

**Selection of Finalists:** **ALL HEATS ARE SEEDED**  
100m, 200m and Relay: The fastest 8 times across all heats qualify for the final except in the case of an 8<sup>th</sup> place tie, whereby 7 competitors will progress through.  
800m and 1500m are timed finals.

**Relays:** Teams shall consist of four runners and a baton change must take place within the allocated 30 metre zone. One check marker may be used per runner. No holes or marks engraved in the track surface.

<b>4 x 100m</b>	<b>Junior Boys</b>	<b>8,9,10 yrs</b>
	<b>Junior Girls</b>	<b>8,9,10 yrs</b>
	<b>Senior Boys</b>	<b>11,12,13 yrs</b>
	<b>Senior Girls</b>	<b>11,12,13 yrs</b>

Disqualification:

1. Any runner who does not remain in allotted lane or impedes another competitor.
2. The baton is not changed within the changeover zone.
3. Substitute runners from another school.
4. Incorrect procedure for dropped batons.

**Assistance to Athletes:** 'Assistance' means pacing or coaching in events by persons not participating in the event. PENALTY- debarred from further participation in the carnival.

**COMPETITORS MUST WEAR FOOTWEAR**

# ORDER OF EVENTS

1500m races for Juniors, 11yrs and Seniors Girls and Boys to begin at 7.45 am

## 9.20am – First Track Event

1. 200m Junior Girls (H)
2. 200m 11yrs Girls (H)
3. 200m Senior Girls (H)
4. Heats Jun Girls Relay
5. Heats Sen Girls Relay
6. 800m Junior Girls (F)
7. 800m 11yrs Girls (F)
8. 800m Senior Girls (F)
9. 100m 8yrs Girls (H)
10. 100m 9yrs Girls (H)
11. 100m 10yrs Girls (H)
12. 100m 11yrs Girls (H)
13. 100m 12yrs Girls (H)
14. 100m 13yrs Girls (F)

## 8.50 – First Field Event

1. 12/13yrs Boys Shot Put(3.0kg)
2. 11yrs Boys Long Jump
3. Junior Boys High Jump
4. Junior Boys Discus(500g)
5. 11yrs Boys Shot Put(2.0kg)
6. Junior Boys Long Jump
7. 12/13yrs Boys High Jump
8. 12/13yrs Boys Discus (750g)
9. Junior Boys Shot Put (2.0kg)
10. 12/13yrs Long Jump
11. 11yrs Boys High Jump
12. 11yrs Boys Discus (750g)

## Approximately 11.00am

15. 200m Junior Boys (H)
16. 200m 11yrs Boys (H)
17. 200m Senior Boys (H)
18. Heats Jun Boys Relay
19. Heats Sen Boys Relay
20. 800m Junior Boys (F)
21. 800m 11yrs Boys (F)
22. 800m Senior Boys (F)
23. 100m 8yrs Boys (H)
24. 100m 9yrs Boys (H)
25. 100m 10yrs Boys (H)
26. 100m 11yrs Boys (H)
27. 100m 12yrs Boys (H)
28. 100m 13yrs Boys (F)

13. 12/13yrs Girls Shot Put (3.0kg)
14. 11yrs Girls Long Jump
15. Junior Girls High Jump
16. Junior Girls Discus (500g)
17. 11yrs Girls Shot Put (2.0kg)
18. Junior Girls Long Jump
19. 12/13yrs Girls High Jump
20. 12/13yrs Girls Discus (750g)
21. Junior Girls Shot Put (2.00kg)
22. 12/13yrs Girls Long Jump
23. 11yrs Girls High Jump
24. 11yrs Girls Discus (750g)

## AFTERNOON EVENTS – FINALS

1. 200m Junior Girls
2. 200m Junior Boys
3. 200m 11yrs Girls
4. 200m 11yrs Boys
5. 200m Senior Girls
6. 200m Senior Boys
7. 100m 13yrs Girls
8. 100m 13yrs Boys
9. 100m 8yrs Girls
10. 100m 8yrs Boys
11. 100m 9yrs Girls
12. 100m 9yrs Boys
13. 100m 10yrs Girls

14. 100m 10yrs Boys
15. 100m 11yrs Girls
16. 100m 11yrs Boys
17. 100m 12yrs Girls
18. 100m 12yrs Boys
19. 4 x 100m Junior Girls Relay
20. 4 x 100m Junior Boys Relay
21. 4 x 100m Senior Girls Relay
22. 4 x 100m Senior Boys Relay

## COMPETITORS' INFORMATION

### TRACK / FIELD

**SPIKES:** 4 and 7 mm synthetic spiked shoes are permitted **except** in running events where specific lanes are not allotted (i.e. 800m). Spiked shoes are to be carried to and from events.

**STARTING BLOCKS** Starting Blocks are permitted **except** in running events where specific lanes are not allotted (i.e. 800m). Blocks are not to be pegged down.

**STARTING ORDERS** Competitors must stand behind the mark until called to move up by the starter. Hands must be behind the mark. The orders given by the starter shall be:

- On Your Marks
- Set
- Gun

The 800m and 1500m start will be Take your Marks - then the gun

#### **FALSE STARTS**

Any competitor making a false start shall be warned. Only one false start shall be awarded without disqualification of the athlete(s) making the false start. Any athlete(s) making further false starts in the race shall be disqualified from the race. Please note that no warnings are given at higher levels.

**HIGH JUMP** Each competitor will have 3 attempts at each height  
The bar will be set at the following starting heights:

Junior Girls – 1.00m

Junior Boys – 1.05m

11yrs Girls – 1.05m

11yrs Boys – 1.10m

Senior Girls – 1.10m

Senior Boys – 1.20m

First rise shall be 5cm, then 5cm, and continue with rises at the discretion of the Official in Charge.

**LONG JUMP** All first jumps will be measured. The standard will then be set at 6<sup>th</sup> place distance for the remaining jumps. Jumps further than the set standard only will be measured. Each competitor shall have three jumps.

**DISCUS/  
SHOT PUT** All first throws will be measured. The standard will then be set at 6<sup>th</sup> place distance for the remaining throws. Throws further than the set standard only will be measured. Each competitor shall have three throws.



**DUBBO DISTRICT PRIMARY SCHOOL SPORT ASSOCIATION ATHLETIC RECORDS AS AT  
September 2022**

<b>EVENTS</b>	<b>Name</b>	<b>School</b>	<b>Time/Dist</b>	<b>Year</b>	<b>Name</b>	<b>School</b>	<b>Time/Dist</b>	<b>Year</b>
		<b>BOYS</b>				<b>GIRLS</b>		
8yrs 100m C'ship	Luke Redding	Dunedoo CS	16.18	2016	Sophie McAnaney	Dubbo PS	15.50	2017
9yrs 100m C'ship	Tyreec Ewers	Dubbo West PS	14.55	2015	Sophie McAnaney	Dubbo PS	15.53	2018
10yrs 100m C'ship	Max McAnaney	Dubbo PS	14.73	2017	Millie Sutcliffe	Dubbo South PS	15.19	2018
11yrs 100m C'ship	Max McAnaney	Dubbo PS	14.40	2018	Georgia Cudmore	Dubbo South PS	15.03	2016
12yrs 100m C'ship	Ashdyn Smith	Gilgandra PS	13.99	2016	Kimmy Trappett	Dubbo South PS	14.79	2016
13yrs 100m C'ship	Lachlan O'Connor	Dubbo PS	14.95	2021	Laura Moorhouse	Dunedoo CS	17.47	2016
Junior 200m C'ship	Jakob Petterson	Buninyong PS	30.52	2017	Millie Sutcliffe	Dubbo South PS	31.43	2018
11yrs 200m C'ship	Max McAnaney	Dubbo PS	29.59	2018	Marli Pay	Orana Heights PS	30.23	2021
Senior 200m C'ship	Ashdyn Smith	Gilgandra PS	29.13	2016	Emily Fardell	Buninyong PS	29.94	2017
Junior 800m C'ship	Thomas Francis	Wellington PS	2:48.64	2021	Georgia Cudmore	Dubbo South PS	3:02.73	2015
11yrs 800m C'ship	R. Basingthwaighte	Dubbo PS	2:46.12	2018	Georgie Cudmore	Dubbo South PS	2:53.47	2016
Senior 800m C'ship	Patrick Gibson	Orana Heights PS	2:40.26	2015	Katie Tink	Dubbo South PS	2:56.73	2015
Junior 1500m C'ship	Kobi Auld	Dubbo South PS	5:28.99	2019	Adelina Grant	Wellington PS	6:21.40	2021
11yrs 1500m C'ship	Levi Scarlett	Buninyong PS	5:41.93	2021	Sarah Chandler	Gilgandra PS	5:48.80	2019
Senior 1500m C'ship	Max McAnaney	Dubbo PS	5:40.66	2019	Kate Bartlett	Distance Education	6:10.01	2019
Junior Relay 4x100m	Orana Heights PS		1:03.43	2015	Orana Heights PS		1:05.31	2018
Senior Relay 4x100m	Dubbo South PS		57.00	2015	Orana Heights PS		1:00.60	2017
Junior Long Jump	Luke Redding	Dunedoo CS	4.05m	2018	Millie Sutcliffe	Dubbo South PS	4.27m	2018
11yrs Long Jump	Max McAnaney	Dubbo PS	4.36m	2018	Millie Sutcliffe	Dubbo South PS	4.09m	2019
Senior Long Jump	Max McAnaney	Orana Heights PS	4.51m	2019	Shanique Darlington	Orana Heights PS	4.09m	2017
Junior High Jump	Dwight Harvey	Buninyong PS	1.27m	2019	Emily Lousick	Dubbo South PS	1.28m	2021
11yrs High Jump	R. Basingthwaighte/Z. Noke	Dubbo PS	1.35m	2018/21	Millie Sutcliffe	Dubbo South PS	1.47m	2019
Senior High Jump	Connor Miller	PS Orana Heights	1.44m	2017	Georgia Cudmore	Dubbo South PS	1.34m	2017
Junior Shotput (2kg)	Jakob Petterson	Buninyong PS	8.43m	2017	Xanthie Chatfield	Orana Heights PS	9.16m	2017
11yrs Shotput (2kg)	Benray Ludick	Dubbo South PS	11.40m	2018	Xanthie Chatfield	Orana Heights PS	11.60m	2018
Senior Shotput (3kg)	Braith Carroll	Orana Heights PS	8.43m	2017	Xanthie Chatfield	Orana Heights PS	10.24m	2019
Junior Discus (500g)	Lewys Lozinski	Dubbo PS	23.91m	2018	Xanthie Chatfield	Orana Heights PS	29.85m	2017
11yrs Discus (750g)	Benray Ludick	Dubbo South PS	27.24m	2018	Xanthie Chatfield	Orana Heights PS	28.16m	2018
Senior Discus (750g)	Benray Ludick	Dubbo South PS	31.32m	2019	Xanthie Chatfield	Orana Heights PS	35.02m	2019