

# Gilgandra Public School

## Honesty & Courtesy



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1 August 2022

Dear Parents/Carers

This year our school is participating in Jump Rope for Heart – a fantastic physical activity and fundraising program by the Heart Foundation that is celebrating 40 years of skipping.

The school Jump Off Day will be Friday 16 September 2022. This is the final day of the program and the whole school will come together to celebrate and put on some great skipping displays at the weekly assembly.

Jump Rope for Heart is a great way for your child to keep fit and learn new skills, but it also helps raise funds for vital heart research and educational programs.

To make fundraising fun and easy, you can create your own secure webpage at [jumprope.org.au/parents](http://jumprope.org.au/parents)

**Sign up** to share your child's progress and let the funds roll in. Your child can earn virtual badges along the way and your page will highlight the prizes up for grabs. Students will also be acknowledged with a special prize on our Morning assemblies once they have signed up and have \$10 of fundraising.

Sign up here today: [www.jumprope.org.au/parents](http://www.jumprope.org.au/parents)

With Jump Rope for Heart, it's not just the kids who can win prizes. For every \$40 your raise, you'll go into the draw to win a \$300 VISA gift card. There are three to be won each term!

Thank you for supporting the Jump Rope for Heart program.

Yours Sincerely,

Amy Spora  
Jump Rope for Heart Coordinator